

Relationships, Sex and Health Education

How is Relationships, Sex and Health Education (RSHE) delivered at our school?

We follow the Cambridgeshire scheme of work and deliver carefully planned regular PSHE lessons from reception to year 6.

Relationships education starts in reception when they learn how to get on with others and work and play together. Children are taught about human sexual reproduction as part of 'sex education' in year 6. There are many overlaps with national curriculum for science which includes teaching about sexual reproduction in animals. Parents can ask their child be excused from teaching about human sexual reproduction at primary.

Every child will be taught about their bodies and that they have the right to say what happens to their bodies as part of Relationships Education. This is to enable children to keep themselves safe from abuse and exploitation. Children in year 5 learn about the menstrual cycle and puberty.

For these lessons boys and girls are separated however the same objectives are covered. Every child will be taught about how their body and brain will change as they get older as part of Health Education. They will get timely information about puberty and how to manage it.

Have parents been consulted about the teaching of RSHE at our school? -

A Letter is sent to parents in year 5 and 6 a few weeks before the sex education / puberty section is taught. There are also RSHE presentations via zoom to parents. This is also available on our website along with the policy document.