

Healthy Schools

The school has been awarded the Healthy Schools Award.

Physical Education and Personal, Social Health Education are both foundation curriculum subjects that also relate to the National Healthy Schools' Campaign. Below are additional areas of our Staples Road Curriculum that are a vital part of the Healthy Schools Campaign and our School life.

Emotional Well-being & Mental Health

We aim to support and nurture the social and emotional development of children, in order that they can be successful in all areas of their lives.

Healthy Eating

We aim to provide children with consistent messages about healthy eating and healthy lifestyles. Eating habits are formed in childhood and we are committed to providing healthy lunch time meals and snacks. We also use curricular opportunities to help children to make appropriate food choices and to develop positive attitudes towards diet and health.

Extra-Curricular Activities

Children are given the opportunity and encouraged to participate in after school activities. These cover a variety of sporting and non-sporting areas. Outside agencies visit the school to provide further activities in a wide range of sporting activities and drama. Parents can sign children up for these courses at an agreed cost.

