

Key achievements to date until July 2025:	Areas for further improvement and baseline evidence of need:
<p>As PE lead, establish links to MAT, WESSP and local community groups.</p> <p>Vastly improved playground facilities and resources over the past 3 years. (Olympic course, Kingball, football pitch remarked, KS1 markings, reception outdoor areas, KS1 astro, apparatus refurbishment)</p> <p>OPAL embedded for active playtimes.</p> <p>Replacement of sports equipment including balls, goals, basketball posts and athletics equipment.</p> <p>School member of WESSP and receive training from experienced SSCOs, PE teachers and organise inter school competitions</p> <p>CFC Foundation providing in-house PE, CPD and lunchtime coaching</p> <p>Increased attendance at Level 2 events</p> <p>PE records still in place (assessment through reflection – 7 years - updated)</p> <p>Annual Sports week providing taster sessions for all returned. Sports Day and Mini Marathon held later in Summer 2 (<i>including new sports</i>)</p> <p>Training of new staff in Safety in PE (renewed for experienced staff if req.)</p> <p>PE deep dive for OFSTED (November 2022)</p> <p>OPAL Gold accreditation!</p> <p>Progression of skills and knowledge in place across school</p> <p>Silver School Games Mark achieved!! And audited Summer 2025</p> <p>ECTs participated in PE CPD safety.</p>	<p>PE records review to ensure PE reflection/assessment consistent across school</p> <p>Monitor ‘Active Class’ termly - look at possible digital options</p> <p>Lunchtime Activities / Play Leaders review and coordinate/resources provision and link now to OPAL - SSCO training booked for SEP 2025 - roll out straight after EF and AP to explore assessment options</p> <p>Sports Day to be reviewed and revamped in line with 2026 Sports events</p> <p>Attend a school council meeting in Spring 2026</p> <p>School Games Mark – aim for GOLD! 2026</p> <p>Get quotes from sports pitch companies for astro area on the Olympic course</p>

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

Meeting national curriculum requirements for swimming and water safety.	% and notes
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2024.	85%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	80%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	92%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes, we provide 6 weeks for each child in every KS2 year group and Top-up sessions for swimmers still not able to swim 25m by Y6. We provide an additional coach for non-swimmers- more since covid break in swimming provision.

Year 6 Annual Swimming Review *(noted on Infographic since 2017-2018)*

Year	Able to swim 25m+	Confident in all strokes	Safe Self-Rescue
2023-2024	80%	72%	91%
2022-2023	85%	74% <small>(This cohort missed swimming lessons in year 3 and 4 due to Covid-19)</small>	93%
2021-2022	92%	79% <small>(breaststroke and backstroke not confident for all)</small>	95%
2020-2021	94% <i>(2 weeks swimming only)</i>	90% <small>(breaststroke not confident for all)</small>	97%
2019-2020	96%	90% <small>(breaststroke not confident for all)</small>	99%
2018-2019	98%	92% <small>(breaststroke not confident for all)</small>	99%
2017-2018	100%		<i>Not measured</i>

2016-2017	93%		Not measured
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Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2024-2025	Total fund allocated: £21,220 (no increase)	Date Updated: Nov2021/April 2022/ Sept2022/Sept2023/Oct2024/Oct2025		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school Total Allocation of budget 70%				
Intent	Implementation		Impact	Future
School focus: What we want pupils to know, be able to do, what they need to learn and consolidate through practice	Actions to achieve:	Funding allocated: <small>% of budget if possible to calculate</small>	Evidence of impact: What do pupils now know, what can they now do and what has changed.	Sustainability and suggested next steps:
Engage KS2 children in sporting activities at lunchtime other than football. <i>Football still available.</i> Training for midday assistants to encourage more activity - OPAL specific	WS to implement games and activities with KS2 at lunchtime OPAL (Outside Play and Learning) implemented with more activities on offer including kingball, handball, netball and playground games.	WS 2.5 hours of lunchtime weekly facilitating sport £7,750 37%	OPAL is embedded and has achieved Gold Standard. Children are engaged in active play at both play times and lunch times.	<i>Approx 5% 2025-26 Equipment and storage</i>
Mindful Movement All children receive a minimum of 6 weeks' mindful movement sessions Linked in to well-being	Free websites such as GoNoodle, iMoves and Joe Wicks channel. Mindful Movement for EYFS, KS1 and Sports Week for all.	£4,250 20%	Staff include active learning within the classroom. Children take part in active lessons to enhance brain function and movement.	Subject Leaders to encourage 'being active' across school and provide CPD/ samples at termly staff meetings.

Regular review of equipment and replacement upon wear and breakages/loss.	WS to organise all sports equipment so that it is accessible and to monitor what it needed to be replaces. No more class sets.	£2,001 10%	Well-equipped lessons and ease of organisation. Gymnastics equipment including wall bars have been maintained and are used.	<i>Approx 15% 2024-26 (Up-keep of outdoor equipment review)</i>
Improvement and refurbishment of outdoor areas including KS2 and EYFS areas.	Review and Maintain to safety standards	<i>Spent 2019-20 Budget for 2025-26 (Bi-annually)</i>	EYFS spend more time outside. KS2 now have 5 areas to play: apparatus, Olympic course with basketball nets, kingball, craft cabin, football/ netball pitch, sand shack, scooter track and quiet area.	Maintain all areas as part of OPAL. Continue to monitor and review maintenance of outdoor PE equipment. Approx 5%
Accessibility and Inclusivity for all	Sensory room and movement sessions in school to ensure integration of all pupils into PE and Games lessons. Sessions encourage movement, listening, ability to join in		Sensory room – used throughout the day to enhance mobility skills, concentration and ability to access PE lessons Movement and mobility skills enable all pupils to progress in PE	All children must access PE and Games lessons and the active mile. Coordination, movement and fine motor skills are key

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement

Total Allocation of budget 14%

Intent	Implementation		Impact	Future
To enable children to reflect on their performance, enjoyment, progression and assessment of skills and knowledge and to understand their next steps. <i>(annual)</i> <i>(Originally updated during Sports week but now requirement is to update termly. Encourages children to reflect on the improvement of skills and knowledge of the game.)</i>	PE Records in place and up to date in all year groups. Implemented six years ago. Templates are available on Google Drive for each year to complete including a swim assessment. They include photographs, drawings and event details/reviews. <i>More details can be found on Staffroom noticeboard and books.</i>	<i>£250 Books 1% (Only require books for reception and new children to school)</i>	Children review their improvement from EYFS to year 6 in one book. Brings recollection, great memories of growing up being active, encouragement and motivation to reflect and consider how to improve further.	Review Records annually and feedback to staff improvements that can be made. Termly reviews to be checked upon each term. Time required for PE subject lead to complete this. PE assessment for schools is once more under consideration and may need to be incorporated. Explore possibility of completing PE records on Seesaw

				<i>Approx 1% 2025-26</i>
Inclusion for all. Attendance at events to include class groups where possible not simply best team. Competitive events are still available and selection is by trials across year group/ club e.g. cross-country, football, cricket etc.	Requested WESSP to organise large group events to be able to take a full class. Explore use of RVHS as a venue for interclass events when cover isn't available.	<i>WESSP annual fee of £3,084 13%</i>	Attendance at events positive and welcomed by all children. Cover easier as not required if while class attending. Planning easier. Inclusion for all welcomed by parents / children / staff.	Continue to support WESSP to provide excellent CPD for staff, competitive events including All-in and training for Sports Leaders. <i>Approx 14% 2025-26</i>
Establish the team of Sports Leaders (<i>Training for SLs provided by WESSP</i>) Encourage pupils to take on leadership roles that support school and physical activity within the school. Sports Awards Trophies introduced during sports week	SLs given the opportunity to monitor class activity. Model good practice and organise warm ups. Discussion groups for Sports week and Sports day planning to be organised.	<i>Sports Leader Equipment top-up and further training where needed</i> <i>£400 2%</i>	Confidence, respect for sports in school. Sports leaders used in class to monitor active classrooms. Sports Awards used daily in sports week.	Sports leaders to feedback and suggest improvements to PESSPA. SL skills/knowledge to be shared with all. <i>Approx 10% 2025-26</i>
School community aware of sporting activities and achievements across the school.	Newsletter regular reports and web-site links. Annual infographic on web-site summarising achievements. Sports week assembly to celebrate children and year of sport in school. Instagram reels and posts	£0	Community flyers circulated easily and children attending holiday and after-school clubs. Information on web-site Noticeboard planned/requested for next year.	Weekly newsletter link to school, community sports. Larger noticeboard in central position. <i>Approx 1% 2025-26</i>
To introduce children to new and varied sports - competitive and non-competitive to encourage healthy lifestyle and to be active for life.	Continue delivering a varied Sports Week that all children engage with.	See KI4	Sports Week Sports Day Mini-Marathon	Liaise with additional sports clubs to provide a more varied selection for Sports Week.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Total Allocation of budget Overlaps with WESSP and K11

Intent	Implementation		Impact	Future
<p>Provide quality CPD for all staff to ensure confident in teaching and delivering HQT in PE. NQT training via MAT</p> <p>Provided by WESSP through Roding Valley School, SSCOS and JW PE teacher.</p>	<p>Attend PE Assessment and Ofsted deep dive training (January 2021)</p> <p>PE Deep Dive by OFSTED (November 2022)</p>	<p><i>% within WESSP annual budget and school CPD budget</i></p>	<p>Confidence of staff teaching key areas of the NC. Confidence of children at competitions. Continue to review needs of staff via end of year audit and plan accordingly. Sports Leader training</p>	<p>Annual audit Summer 2. Review and plan CPD for following year. ECT training to be organised. Plan staff workshop (review) Safe Practise in PE Within WESSP budget Plus approx 5% 2025-26 (for ECTs)</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Total Allocation of budget 12%

Intent	Implementation		Impact	Future
<p>Change Sports Week - spread activities for each year group across the year rather than condensing into one whole week.</p>	<p><i>Roller-skating still a favourite. Introduced skipping, hula hooping, fencing, orienteering, karate, taekwondo, boccia, curling in previous years</i> <i>Boxing, netball, Zumba, circuits and circus skills included this year</i> <i>Use of LCC and Forest.</i></p>	<p>£3,000 15%</p>	<p><i>Dispersed Sports Week</i></p> <p><i>Children are exposed to a broad range of sports that help the development of the whole child – teamwork, confidence, decision-making, strength etc.</i></p>	<p><i>Approx 17% increase 2025-2026</i></p>
<p>After school/ lunchtime sport club provision to be varied and accessible to all.</p>	<p>Staff ran netball, football, handball and boxing clubs</p> <p>External providers included: yoga, tennis, karate, Street-dance, fencing and football</p>	<p>Equipment / resources <i>(within equipment spend K11)</i></p> <p><i>Office Admin and Squirrels Club included within school</i></p>	<p>Staff run morning and lunchtime clubs.</p> <p>External providers offer ASC to all year groups except EYFS. Small Fee support for PP if required. Squirrels (breakfast and after school club provide opportunity for outdoor activities including in forest)</p>	<p>Review provision of before and after school clubs</p>

		<i>budget.</i>		
Encourage independent, sustainable transport alternative and a healthy lifestyle.	Sustrans Big Walk and Wheel <i>Link to DT Eat to Defeat them</i> Review national initiatives Bikeability	0% Can claim provision from WESSP	Highlight healthy alternatives to get to school Encourage riding a bike, scooter Enjoyed and children learn road safety and how to look after bikes.	Track clubs that children are attending. Promote greener ways to travel to school (links to road safety of Staples Road)

Key indicator 5: Increased participation in competitive sport

Total Allocation of budget 2% (not included in KI1)

Intent	Implementation		Impact	
Increase attendance at competitive events organised by WESSP (Level 2) to provide children with competitive experience, teamwork and communication skills.	Attended more level 2 events. Timetable scheduled with staff so each year group/class attended an event ensuring all children had an opportunity to attend. More family and intra-school events with CA/CM from RVHS.	<i>Included in subscription to WESSP</i>	Increased attendance every year. Children have experience of competition and the strategies of winning and losing and playing with tactics and good sporting responses.	2025-2026 there will be staffing issues with attending events so more intra-school events from RVHS will be requested by AP from CM.
Transport to events that allow class groups (30 children) to attend where spectators not allowed due to safeguarding at venue. 'All in' events to access transport where WESSP minibus unavailable.	Local coach service utilised for rugby, All in events, swimming and cross country.	£475 2%	Easier to organise and access events when cover isn't required. Parents were reliable at transporting children to events when coaches were unavailable.	Coach journeys depend of staff availability and cover options.
Inclusion in local football and netball leagues.	Continued support and membership of Epping Forest Primary Sports Association. New kit for netball team.	£100 league membership 1% £240 kit 1%	Netball club now available in morning to Y4, Y5&6 by school teachers. Boys' and Girls' football organised by PM	Participated in league matches and rallies. Netball team were rally winners! League win for boys' football and lots of wins for the girls' team.

<p>Achieved Silver School Games Mark!</p> <p>Go for Gold - use feedback from SGM audit.</p>	<p>Achieve Gold School Games Mark - Attend as many events as possible. Encourage all children to take part at sport across a range of levels. Keep sports leaders established in the playground. Regular meetings with AP and EF</p>		<p><i>The School Games Mark is a government-led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.</i></p>	<p><i>£1,000 approx. for subscriptions if required.</i></p>
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Signed off by	
Head Teacher:	Nick Mallender
Date:	
Subject Leader:	April Pizzo and Emma Francis
Date:	02.11.25
Governor:	
Date:	