

Personal, Social & Health Education

This area of the curriculum helps pupils to develop as confident, healthy and sociable children, who will eventually become informed, active and responsible citizens. Our pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSHE helps children and young people to stay healthy and safe, while preparing them to make the most of life and work.

PSHE threads its way through the whole curriculum, in particular in science, food technology, PE and RE.

Children learn through the 3 core themes of health and wellbeing, relationships and living in the wider world.

Children are also given specific activities in which they can consider their personal development. These include circle time, showing time and collaborative work in the School.

Through activities such as drama, discussion and debate, children are taught the skills that help them to make positive choices about their lives. They are given opportunities to put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. They develop their resilience, to know how and when to ask for help, and to know where to access support.

Sex and Relationships

Personal Social & Health Education is all about relationships and this is discussed throughout the year. Our PSHE teaching covers four main themes: myself and my relationships; citizenship; healthy and safer lifestyles and economic well-being.

The main issues of sex education are covered during a topic on human biology in year 6 and a topic in year 4 which teaches the children that babies begin when a male seed and female egg join together. The materials used have been seen and approved by the Governors. Parents are informed of the details of the scheme and are invited into the School to view programmes that will be used with the children.

Parents have the right to withdraw their children from some parts of the programme if they wish but they should talk to the Head teacher first.

