

# Bereavement

## Child and Young People Support Service



**Do you need help supporting a child or young person, aged 5-18, in school or at home?**

West Essex Community Action Network (WECAN) provides a course of in-school or home visit support for a child who has experienced loss

### **Sessions include**

Our trained support workers work in a variety of ways through passive and/or active exploration sessions, using a guided workbook which allows the supported child to explore, work through and understand their grief through practical activities, listening, sharing, talking and being.

### **Next steps**

If you have a child who you think would benefit from some support sessions please contact us at [bereavement@westessexcan.org](mailto:bereavement@westessexcan.org) for a referral form. Alternatively, you can call Nick on **07967 727851** to find out more about this **FREE** support service.